

# Beautiful One

## Public Health Education | Diversity and Inclusion

### CONTACT

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### EDUCATION

**Master of Public Health**  
Grand Canyon University  
Phoenix, AZ  
2014

**Bachelor of Science in Health Science and Community Health Promotion**  
University of Arkansas at Little Rock  
Little Rock, AR  
2010

### CERTIFICATIONS

**Diversity, Equity, and Inclusion in the Workplace**  
University of South Florida  
May 2021

### SKILLS

// **Public Health**  
Community Health Education  
Health Promotion  
Community Health Improvement  
Disease Control & Prevention  
Infection Prevention  
Health Program Management  
Program Evaluation & Impact Assessment  
Needs Assessment  
Health Research & Analysis  
Event Planning & Management  
Public Speaking & Presentations  
Community Outreach & Engagement  
Cultural Awareness & Sensitivity

### PROFILE

Public Health Professional dedicated to promoting community health through prevention and educational outreach. Extensive experience in managing, designing, and implementing, evaluating, and improving health programs, initiatives, and campaigns.

Passionate about promoting diversity and inclusion in corporate and non-profit organizations by collaborating with senior leaders and stakeholders to develop innovative strategies and initiatives that attracts, develops, empowers, and retains diverse talent and engagement.

### PROFESSIONAL WORK EXPERIENCE

#### Areas of Expertise

**Health Education:** Educates individuals and communities about preventing and managing chronic illnesses and diseases and develops, manages, and teaches nutrition and wellness education classes and workshops to encourage the adaptation of healthy behaviors and practices.

**Health Advocacy:** Participates in health fairs, health forums, and workshops to dispense valuable health information regarding public health issues, policies, programs, and services.

**Community Outreach:** Collaborates with policy makers, healthcare professionals, and community organizations to identify community health needs and develop public outreach initiatives that increase awareness and access to public health program and services.

**Health Research & Analysis:** Conducts and analyzes public health research and assesses public health program and services to identify and find solutions to healthcare disparities in underserved communities.

**Health Education Instructor**  
**Children's International | Little Rock, AR**  
**2017– 2019**

Facilitated educational lessons and presentations to students in the afterschool program that promoted health and wellness.

- Collected data to assess the effectiveness of the health education program and provided recommendations on how to make the program more engaging and interactive for the students.
- Facilitated, designed, and implemented health and wellness curriculum at providing students with health and wellness awareness and disease prevention strategies
- Educated students about the importance of adopting healthy lifestyle behaviors and practices such as getting proper nutrition and exercise and managing chronic illnesses.
- Evaluated the effectiveness of the health curriculum and made suggestions for improvement.

**Volunteer**  
**Susan G. Komen | Little Rock, AR**  
**2009-2012**

Acted as an advocate on behalf of the Susan G. Komen Foundation to bring awareness of breast cancer prevention, treatment, and research.

- Volunteered yearly for with Race for the Cure Initiative.
- Planned and hosted community events that promoted healthy breast care practices such as the getting yearly mammograms and conducting self-breast exams to prevent and detect breast cancer.

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### SKILLS

#### // Audit & Compliance Management

Regulatory & Operational Compliance  
Internal & External Audits  
Internal Control Systems  
Risk Management & Assessment  
Research & Data Analysis  
Reporting & Documentation  
Policy & Procedure Design & Implementation  
Quality Assurance  
Process Improvement  
Solution Implementation  
Cross Functional Collaboration  
Team Leadership & Training

### SOFTWARE

Microsoft Office Suite  
Meditech  
Amysi  
Skype  
Zoom

### COMMUNITY LEADERSHIP

#### President

The Black Girls Social Club for Little Rock Chapter  
2020-Present

#### Leadership Volunteer

Alzheimer's Association  
2020-Present

#### Member

Little Rock Junior League  
2020-Present

### PROFESSIONAL WORK EXPERIENCE

#### Volunteer

American Cancer Society | Little Rock, AR  
2012-2015

Acted as an advocate on behalf of the American Cancer Society to raise awareness and increase community involvement in the fight against cancer.

- Collaborated with leaders of the American Cancer Society and other community volunteers and advocates to strategically plan events, campaigns, and initiatives targeted at educating the public about cancer prevention, symptoms, treatment, and statistics.
- Conducted surveys in various counties in Arkansas to assess the American Cancer's Society reach and impact in targeted communities.
- Analyzed the results of the surveys and made recommendations on how to improve access to cancer education, care, and treatment in counties with healthcare disparities.
- Provided emotional support for patients diagnosed with cancer through the recommendation of treatment providers and options and coping strategies.

#### Compliance Manager

Anthem | Little Rock, AR  
2019 – Present

Oversees the daily execution of internal and external audits to ensure compliance with state Medicaid requirements and company policies, procedures, and regulations.

- Directs non-compliance investigations, composes audit reports, designs corrective action plans, and presents audit findings to various levels of management and makes recommendations for improvement processes.
- Serves as a consultant to the Legal, IT, Planning and Project Execution Units, and the Enterprise Portfolio Management Office to provide guidance, identify and address compliance concerns, and recommend improvements in the company's regulatory process.

#### Key Accomplishments

- Spearheaded the onboarding process for a new compliance team for the PASSE (Provider Led Arkansas Shared Savings Entity) program and helped the program achieve a 95% rating in complaint responsiveness in state audits.
- As a liaison for Anthem and the Department of Human Services, created new and effective communication channels to keep stakeholders in both organizations informed of new changes and updates.

#### Corporate Compliance Auditor

Arkansas's Children Hospital | Little Rock, AR  
2017– 2019

Managed the daily operations of the Compliance Program and oversaw the internal and external audits investigations of healthcare compliance violations.

- Oversaw the hiring process and supervised, trained, mentored, and evaluated Compliance Team Members to ensure effective and successful mitigation of identified compliance risks.
- Conducted internal investigations and audits of clinical research, medical records, billing information, and medical processes to identify inaccuracies, compliance issues, and inefficiencies.
- Constructed detailed audit findings and made recommendations to migrate risks and improve organizational operations, systems, and procedures.

#### Key Achievements

- As a member of the Diversity and Inclusion committee, recommended and shared innovative insights on how to better engage, recognize, and recruit women of color within the organization.
- Collaborated with the Public Health department to assist with health and wellness initiatives that optimized employee work performance through the encouragement of healthy eating habits and exercise.
- Served as a member on the Internal Policy committee and helped approve and create new internal policies and revise old policies.